SIGNS & SYMPTOMS OF COVID-19

(Symptoms can range from mild to severe illness and appear 2-14 days after exposure to the virus that causes COVID-19.)

STAY HOME IF YOU HAVE THE FOLLOWING:
- FEVER (100.4+)
- SHORTNESS OF BREATH
- FLU-LIKE SYMPTOMS
- CHILLS
- CONGESTION OR RUNNY NOSE
- MUSCLE or BODY ACHES
- SORE THROAT
- DIARRHEA
- NEW LOSS OF TASTE OR SMELL
- HAD CLOSE CONTACT WITH SOMEONE DIAGNOSED WITH COVID-19
- TRAVELED OR LIVED IN THE LAST TWO WEEKS WHERE THERE HAS BEEN COMMUNITY SPREAD

OTHER SIGNS & SYMPTOMS THAT MAY INDICATE YOU HAVE COVID-19 AND NEED TO SEEK IMMEDIATE MEDICAL ATTENTION:
- Trouble breathing
- Persistent pain or pressure in the chest.
- New Confusion
- Bluish lips or face
- Inability to wake or stay awake

SUGGESTIONS

IF YOU HAVE THE FIRST THREE LISTED SYMPTOMS (fever, shortness of breath and/or flu-like symptoms) – WE STRONGLY SUGGEST YOU CALL YOUR PRIMARY HEALTHCARE PROVIDER and...
- Enjoy the service from home on the various church platforms: ZOOM, Facebook LIVE or via teleconference.
- Schedule an appointment with the CVS testing location nearest you. (Lowell, Haverhill, Salem, NH). Other test sites can be found online by typing “COVID-19 Test Sites Near Me”.
- Reach out to your Deacon OR Deaconess if you have questions or concerns or need support.
- The CDC also offers excellent resources and information on COVID-19 (www.cdc.org)